

## Waterstone MacKay Canada's Most Admired CEO Summit

Tuesday, March 25, 2025

Location: Metro Toronto Convention Centre (255 Front St. W.), North Building, 100-level

### AGENDA

- 10:30 am:** Registration
- 11:00 am – 11:30 am:** Lunch and Networking
- 11:30 am – 12:30 pm:** *Keynote Presentation – The Art and Science of Peak Performance for Leaders*  
Dr. Greg Wells, Scientist, Human Physiologist, Best-Selling Author, and Peak Performance Expert
- 12:30 pm – 1:00 pm:** Networking Break
- 1:00 pm – 1:05 pm:** *Welcome from Waterstone Human Capital and MacKay CEO Forums*
- 1:05 pm – 1:35 pm:** *The Importance of High-Performance Cultures – Results from the Waterstone Corporate Culture Study*  
Lori Moffatt, Managing Director, Waterstone Leadership and Advisory Services  
Marty Parker, President and CEO, Waterstone Human Capital
- 1:35 pm – 2:20 pm:** *Resilience and Leading with Culture Through Times of Challenge: Lessons Learned from the LA Fires*  
Joel Montminy, President and CEO, Montminy & Co.
- 2:20 pm – 2:30 pm:** *Presentation by CAAT Pension Plan*  
Derek Dobson, CEO and Plan Manager, CAAT Pension Plan
- 2:30 pm – 2:40 pm:** *I Don't Have Time (Yes You Do)! The 3 Biggest Time Mastery Mistakes CEOs Make*  
Nancy MacKay, Founder and CEO, MacKay CEO Forums
- 2:40 pm – 3:10 pm:** *Interactive Activity – Peer Learning with MacKay CEO Forum Chairs*
- 3:10 pm – 3:30 pm:** Networking Break

**3:30 pm – 4:25 pm: *Leadership, Culture, and Performance: In Conversation with the 2024 Canada's Most Admired CEO Award Winners***

Michael Anhorn, CEO, Canadian Mental Health Association, Toronto Branch

Jennie Coleman, President, Equifruit

Mike Kessel, CEO and President, Cleveland Clinic Canada

Rob Mionis, President and CEO, Celestica

Victor Tam, CEO and Co-founder, Monos

Cathy Thorpe, President and CEO, Nurse Next Door

Moderator: Lyn Currie, Managing Director, Waterstone Human Capital

**4:25 pm – 4:30 pm Closing remarks**

**4:30 pm – 5:30 pm Networking Cocktail Reception**

**5:30 pm – 9:00 pm Awards Celebration *\*Separately ticketed event***

THANKS TO OUR PARTNERS

